

**SREE RAMAKRISHNA MEDICAL COLLEGE
OF
NATUROPATHY AND YOGIC SCIENCE
KULASEKARAM
SRKMCNYS &
KUMARI ARIVIAL PERAVAI**
www.kaponline.net

**Seminar on Naturopathy
&
Yogic Science
FOR
YOUNG SCIENTISTS -2010**



SREE RAMAKRISHNA MEDICAL COLLEGE ,KULASEKARAM
On
1ST MAY 2010

01-05-2010

9.00 A.M

: **Assembling**

9.30 A.M

: **INAUGURAL SESSION**

PrayerSong

Welcome Address : **Dr.K.Shanmugam** BNYS, M.Sc.(Psy) (Principal, SRKMCNYS, Kulasekharam)

Introductory Address : **Mullanchery .M.VELAIAN** (Organiser Kumari Arivial peravai)

Presided By: : **Shri.Rathakrishnan** (Correspondent, SRKMCNYS, Kulasekharam)

Felicitation : **Dr.Sugin Herbert** (Doctor Consultant, Young Scientists Team)

10.00am: Session I

Introduction to Naturopathy & Yoga with milestones of success:

: **Dr.K.Shanmugam** BNYS, M.Sc.(Psy) Principal, SRKMCNYS, Kulasekharam

Healthy Diet Style for Students:

: **Dr.C.Neelaveni** BNYS, M.Sc.(Psy) Asst. Professor, SRKMCNYS, Kulasekharam

11.15 : Herbal Tea / Juice Break

11.30am : Session II

Stress management through yoga

: **Dr.C.Karthick Raja** BNYS, M.Sc.(Psy) Senior Lecturer, SRKMCNYS, Kulasekharam

Importance of Natural health habits

Dr.C.Vinotha Pearlin BNYS Lecturer, SRKMCNYS, Kulasekharam

1.00 P.M Lunch

1.45 pm : Session III

2.00 P.M College Visit

Coordinator : **Dr.R.Bathra**, BNYS, PGDYN, Senior Lecturer, SRKMCNYS, Kulasekharam

2.30 P.M Hospital Visit

Coordinators : **Dr.A.Bino**, BHMS

: **Dr.R.Anusha**, BNYS, M.Sc.(Psy), Medical Officer SRKMCNYS, Kulasekharam

3.00 PM : VALEDICTORY SESSION

Felicitation : **Shri.P.Gopalan** Team Coordinator KAP

Felicitation : **Shri.L.Edwin Sam** Adviser KAP

Felicitation : **Shri.S.Johnson** Team Coordinator KAP

Feed back : Young scientists & Guide Teachers

Vote of Thanks : **Dr.M.Jerin Subha**, BNYS, M.Sc.(Psy) Senior Lecturer, SRKMCNYS, Kulasekharam

3.30 PM National anthem















