



**REPORT FOR
TRAINING PROGRAMME
ON
MEDICAL SCIENCE
RIVER TEAM REPORT**



T.V. Abigail Seneega.

The Medical Science Training Program was conducted at Aasaripallam Government Medical College. We reached the medical college at 9.00am. At 9.30 we had a team meeting with our consultant Dr. Arul Prakash and Dr. Raj Kumar and discussed about rivers.

At 10.00am the common programs started. Land team organized the program. Welcome Address was given by Mr.M.Velaian organizer of KAP. He said that the opportunity was given only to big students. But we are very lucky to visit the medical college in this small age. Then he welcomed all the gatherings. Then the inaugural address was given by Dr. Ratheesh. Dy. Superintendent Govt. Medical college. He encouraged us to find out the secrets of nature.

Dr. Sabesan, Residential medical officer conveyed his warm welcome to us. Then he gave a talk about Mr. Venkatraman Ramakrishnan. He also said "Don't judge people by the awards bestowed on them but you honor them for their works." He also advised to do our duties well but don't wait for the result. Dr. Josephsen gave us a brief account on Public health and hygiene. He said that before 3000 years men don't know anything about health. Then one by one people started getting the awareness of health. In 1840 sanitary awareness started spreading among people. Physical, Mental and Social are the three dimensions of life. Birth of child, Health of mother, Immunization program, Family planning program all comes under physical dimension.

Dr. Jayalal Asst. professor gave us valuable information on Latest development in medicine and surgery field. He said that Anesthesia and Antibiotic plays an important role in surgery. In 1947 among 1000 babies 250 babies are unable to see their 1st birthday. Today this is under 30-25. This shows the development in the medical field.

Dr. Arul Prakash gave a brief talk on psychological aspects of mind. He said that the mind is located in brain. Brain works with the command of mind. Nervous problem may cause psychological problems. When a person grows his mind becomes matured. Success can be enjoyed but Failures should be faced boldly.

Dr. Antony David vice principal of government medical college conveyed his thanks for the opportunity given to him. Mr. Tiruvenkadam retired district employment officer gave vote of thanks.

We were taken to the department of Anesthesia where we were given training in first aid. If a person suffers from cardiac arrest, remember the coding ABC. A-Airway , B-Breathing .C-Circulation. If you find any person laying down unconscious first shake his shoulder and ask are you all right? If no answer, call for help. Then consider the airway lift the chin up and down for air if no breathing is there then supply air by blowing air from your mouth to his mouth. Then check the carotid pulse , then find out the mid rib cage and give chest compression.. Then we visited various labs. We saw varieties of living bacteria.

The whole day program was very useful to us. It is our duty to thank Mr. Velaian for arranging such a useful program. We learned many unknown things in the medical field. It was an inducement for us to become doctors in future. It created an interest in the medical field. Then we had our lunch. After that we had a team meet. In the team meet we prepared the pamphlets that we are going to issue during coastal study tour. Then all the team read the pamphlets prepared by them. The program ended at 4.00pm.

31-12-2009,
Unnamalaikadai.

By
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[River team leader]